

MY HOPES AND DREAMS

MY HOPES AND DREAMS FOR MY CHILDREN

What are your goals for your children? (For example: their physical well-being, social well-being, learning and thinking, communication, and ability to take care of themselves.)

What are some of your children's strengths? What are some things that your children find challenging?

What are a few things your children would like to achieve in the next 3-6 months?

MY HOPES AND DREAMS FOR MY FAMILY

What are your goals for your overall family?

What are some of you family's strengths? What are some things that your family finds challenging?

What are a few things your family would like to achieve in the next 3-6 months?

MY HOPES AND DREAMS FOR MY FAMILY

What are your hopes and dreams for yourself ?

What are some of your strengths? What are some things that you find challenging?

What are a few things you would like to achieve in the next 3-6 months?
